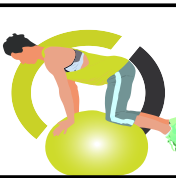
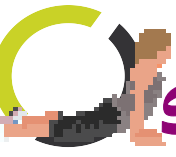
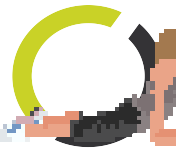


Lundi	Mardi	Mercredi	Jeudi	Vendredi	Samedi
 09H30 Biking	 09H30 Circuit Training	 09H30 TRX	 09H30 Cardio Minceur	 09H30 Pilâtes	 10H Tonic Barre  10H45 Step 06/09 11/10
 10H15 Stretching	 10H15 Body STYP	 10H15 CAF	 10H15 Stretching	 10H15 Step	 10H Circuit Training  10H45 Pilâtes 13/09 18/10 15/11 13/12
 12H20 CAF	 12H20 Bike Hiit	 12H20 Cross Training	 12H20 Pilâtes	 12H20 Biking	 10H TRX  10H45 CAF 20/09 08/11 06/12
 18H15 Bike Hiit	 18H15 Biking	 18H15 Tonic Barre	 18H15 Cardio Hiit		 10H Cardio Minceur  10H45 Stretching 27/09 25/10 29/11
 19H00 Zumba  19H00 Cross Training	 19H00 Pilâtes	 19H00 Body STYP	 19H00 CAF		 10H Zumba  10H45 Body STYP 04/10 22/11 20/12